

## FELDENKRAIS TRAINING VIENNA 9 - SCHEDULE

### Year 1

#### Segment 1

Yehudit Silver	Mon 11/5/2020 9.30 -16.15	Tue 12/05/2020 9.30 -16.15	Wed 13/05/2020 9.30 -16.15	Thu 14/05/2020 9.30 -16.15	Fri 15/05/2020 9.30 -13.30	—	—
Yehudit Silver	Mon 18/05/2020 9.30 -16.15	Tue 19/05/2020 9.30 -16.15	Wed 20/05/2020 9.30 -16.15	Thu 21/05/2020 9.30 -16.15	Fri 22/05/2020 9.30 -13.30		
Yehudit Silver	Mon 25/05/2020 9.30 -16.15	Tue 26/05/2020 9.30 -16.15	Wed 27/05/2020 9.30 -16.15	Thu 28/05/2020 9.30 -16.15	Fri 29/05/2020 9.30 -13.30		

#### Segment 2

Anna Maria Caponecchi	Mon 07/09/2020 9.30 -16.15	Tue 08/09/2020 9.30 -16.15	Wed 09/09/2020 9.30 -16.15	Thu 10/09/2020 9.30 -16.15	Fri 11/09/2020 9.30 -13.30	—	
Anna Maria Caponecchi	Mon 14/09/2020 9.30 -16.15	Tue 15/09/2020 9.30 -16.15	Wed 16/09/2020 9.30 -16.15	Thu 17/09/2020 9.30 -13.30	Fri 18/09/2020 9.30 -13.30	—	—
Anna Maria Caponecchi	Mon 21/09/2020 9.30 -16.15	Tue 22/09/2020 9.30 -16.15	Wed 23/09/2020 9.30 -16.15	Thu 24/09/2020 9.30 -13.30	Fri 25/09/2020 9.30 -13.30		

#### Segment 3

Patrick Gruner	Mon 11/01/2021 9.30 -16.15	Tue 12/01/2021 9.30 -16.15	Wed 13/01/2021 9.30 -16.15	Thu 14/01/2021 9.30 -16.15	Fri 15/01/2021 9.30 -13.30	—	
Patrick Gruner	Mon 18/01/2021 9.30 -16.15	Tue 19/01/2021 9.30 -16.15	Wed 20/01/2021 9.30 -16.15	Thu 21/01/2021 9.30 -13.30	Fri 22/01/2021 9.30 -13.30	—	—

### Year 2

#### Segment 4

Yehudit Silver	Mon 21/06/2021 9.30 -16.15	Tue 22/06/2021 9.30 -16.15	Wed 23/06/2021 9.30 -16.15	Thu 24/06/2021 9.30 -16.15	Fri 25/06/2021 9.30 -13.30	—	
Yehudit Silver	Mon 28/06/2021 9.30 -16.15	Tue 29/06/2021 9.30 -16.15	Wed 30/06/2021 9.30 -16.15	Thu 01/07/2021 9.30 -13.30	Fri 02/07/2021 9.30 -13.30	—	—

Yehudit Silver	Mon 05/07/2021 9.30 -16.15	Tue 06/07/2021 9.30 -16.15	Wed 07/07/2021 9.30 -16.15	Thu 08/07/2021 9.30 -13.30	Fri 09/07/2021 9.30 -13.30		
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Segment 5

Anna Maria Caponecchi	Mon 06/09/2021 9.30 -16.15	Tue 07/09/2021 9.30 -16.15	Wed 08/09/2021 9.30 -16.15	Thu 09/09/2021 9.30 -16.15	Fri 10/09/2021 9.30 -13.30	—	
Anna Maria Caponecchi	Mon 13/09/2021 9.30 -16.15	Tue 14/09/2021 9.30 -16.15	Wed 15/09/2021 9.30 -16.15	Thu 16/09/2021 9.30 -13.30	Fri 17/09/2021 9.30 -13.30	—	—
Anna Maria Caponecchi	Mon 20/09/2021 9.30 -16.15	Tue 21/09/2021 9.30 -16.15	Wed 22/09/2021 9.30 -16.15	Thu 23/09/2021 9.30 -13.30	Fri 24/09/2021 9.30 -13.30		

Segment 6

Yehudit Silver	Mon 10/01/2022 9.30 -16.15	Tue 11/01/2022 9.30 -16.15	Wed 12/01/2022 9.30 -16.15	Thu 13/01/2022 9.30 -16.15	Fri 14/01/2022 9.30 -13.30	—	
Yehudit Silver	Mon 17/01/2022 9.30 -16.15	Tue 18/01/2022 9.30 -16.15	Wed 19/01/2022 9.30 -16.15	Thu 20/01/2022 9.30 -13.30	Fri 21/01/2022 9.30 -13.30	—	—

**Year 3**

Segment 7

Stephen Rosenholtz	Mon 20/06/2022 9.30 -16.15	Tue 21/06/2022 9.30 -16.15	Wed 22/06/2022 9.30 -16.15	Thu 23/06/2022 9.30 -16.15	Fri 24/06/2022 9.30 -13.30	—	
Stephen Rosenholtz	Mon 27/06/2022 9.30 -16.15	Tue 28/06/2022 9.30 -16.15	Wed 29/06/2022 9.30 -16.15	Thu 30/06/2022 9.30 -13.30	Fri 01/07/2022 9.30 -13.30	—	—
Stephen Rosenholtz	Mon 04/07/2022 9.30 -16.15	Tue 05/07/2022 9.30 -16.15	Wed 06/07/2022 9.30 -16.15	Thu 07/07/2022 9.30 -13.30	Fri 08/07/2022 9.30 -13.30		

Segment 8

Yehudit Silver	Mon 05/09/2022 9.30 -16.15	Tue 06/09/2022 9.30 -16.15	Wed 07/09/2022 9.30 -16.15	Thu 08/09/2022 9.30 -16.15	Fri 09/09/2022 9.30 -13.30	—	
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Yehudit Silver	Mon 12/09/2022 9.30 -16.15	Tue 13/09/2022 9.30 -16.15	Wed 14/09/2022 9.30 -16.15	Thu 15/09/2022 9.30 -13.30	Fri 16/09/2022 9.30 -13.30	—	—
Yehudit Silver	Mon 19/09/2022 9.30 -16.15	Tue 20/09/2022 9.30 -16.15	Wed 21/09/2022 9.30 -16.15	Thu 22/09/2022 9.30 -13.30	Fri 23/09/2022 9.30 -13.30		

Segment 9

Thomas Farnbacher	Mon 09/01/2023 9.30 -16.15	Tue 10/01/2023 9.30 -16.15	Wed 11/01/2023 9.30 -16.15	Thu 12/01/2023 9.30 -16.15	Fri 13/01/2023 9.30 -13.30	—	
Thomas Farnbacher	Mon 16/01/2023 9.30 -16.15	Tue 17/01/2023 9.30 -16.15	Wed 18/01/2023 9.30 -16.15	Thu 19/01/2023 9.30 -13.30	Fri 20/01/2023 9.30 -13.30	—	—

Year 4

Segment 10

Yehudit Silver	Mon 26/06/2023 9.30 -16.15	Tue 27/06/2023 9.30 -16.15	Wed 28/06/2023 9.30 -16.15	Thu 29/06/2023 9.30 -16.15	Fri 30/06/2023 9.30 -13.30	—	
Yehudit Silver	Mon 03/07/2023 9.30 -16.15	Tue 04/07/2023 9.30 -16.15	Wed 05/07/2023 9.30 -16.15	Thu 06/07/2023 9.30 -13.30	Fri 07/07/2023 9.30 -13.30	—	—
Yehudit Silver	Mon 10/07/2023 9.30 -16.15	Thu 11/07/2023 9.30 -16.15	Wed 12/07/2023 9.30 -16.15	Thu 13/07/2023 9.30 -13.30	Fri 14/07/2023 9.30 -13.30		

Segment 11

Patrick Gruner	Mon 11/09/2023 9.30 -16.15	Tue 12/09/2023 9.30 -16.15	Wed 13/09/2023 9.30 -16.15	Thu 14/09/2023 9.30 -16.15	Fri 15/09/2023 9.30 -13.30	—	
Patrick Gruner	Mon 18/09/2023 9.30 -16.15	Tue 19/09/2023 9.30 -16.15	Wed 20/09/2023 9.30 -16.15	Thu 21/09/2023 9.30 -13.30	Fri 22/09/2023 9.30 -13.30	—	—

Segment 12

Yehudit Silver	Mon 11/03/2024 9.30 -16.15	Tue 12/03/2024 9.30 -16.15	Wed 13/03/2024 9.30 -16.15	Thu 14/03/2024 9.30 -16.15	Fri 15/03/2024 9.30 -13.30	—	
Yehudit Silver	Mon 18/03/2024 9.30 -16.15	Tue 19/03/2024 9.30 -16.15	Wed 20/03/2024 9.30 -16.15	Thu 21/03/2024 9.30 -13.30	Fri 22/03/2024 9.30 -13.30	—	—

Yehudit Silver	Mon 25/03/2024 9.30 -16.15	Tue 26/03/2024 9.30 -16.15	Wed 27/03/2024 9.30 -16.15	Thu 28/03/2024 9.30 -13.30	Fri 29/03/2024 9.30 -13.30		
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